

## Prime Birding Locations

The beauty of birding is that an amateur has just as good a chance at making that rare bird sighting as a professional and it's a great way to get kids interested in nature. The western end of Lake Ontario is deemed an **IMPORTANT BIRD AREA** and offers a variety of habitats enabling birders to see over 300 species.

**Waterfront** – To see waterbirds and gulls in all seasons, follow the shoreline starting at the Royal Botanical Gardens/Cootes Paradise and stopping at Woodland Cemetery, LaSalle Park Marina, the Canal/Lift Bridge, Spencer Smith Park, Sioux Lookout, Paletta Lakefront Park and Burloak Park.

**Escarpment** – Hiking the Bruce Trail offers many opportunities to see forest and farmland birds. In spring watch for migrating warblers, thrushes and of course raptors. The cliffs create updrafts called Thermals which birds of prey use to gain height to aid in their migration efforts. The Bruce Trail follows the Niagara Escarpment and has some of the best birding experiences in the area, travelling through Crawford Lake, Hilton Falls, Kelso, Mount Nemo, and Rattlesnake Point Conservation Areas as well as Kerncliff/City View Park. Visit the Mountsberg Raptor Centre for a close encounter with rehabilitated **birds of prey**.

For more details on birding locations visit:  
[tourismburlington.com/see-do/sport-recreation/birding/](http://tourismburlington.com/see-do/sport-recreation/birding/)



## Helpful Birding Tips

The primary concern of every birder should be the welfare of the birds and protection of their habitat.

- Keep your distance from bird nests as they may abandon them if disturbed.
- The less noise you make the more bird song will be heard. If birds are hiding they have a good reason; they may be scared, hurt or sitting on a nest. Don't flush birds out for a better view.
- Stay off private land unless you have permission to be there. Keep to paths and roadways and never cross growing crops. Leave gates as you found them and don't damage fences.
- What you bring in you must take out. Don't drop cigarette butts or other litter.

For more birding information contact  
Tourism Burlington

905.634.5594 or 1 877.499.9989

[tourismburlington.com](http://tourismburlington.com)



Photos courtesy of: Conservation Halton  
Royal Botanical Gardens  
Christopher Dunn

## DISCOVER BIRDING!



**BIRDING IN BURLINGTON**  
*Affordable Family Fun*

# BIRDING IN BURLINGTON

## TRANSPORTATION

- Expressway
- Provincial Highway
- GO Transit Train/Bus
- Airfield

## PARKS & RECREATION

- Ontario Park
- Conservation Halton
- Major Civic Park
- Hiking/Nature Trails
- Multi-use Trail
- Nature/Activity Centre
- Camping
- Boat Launch Ramp
- Niagara Escarpment
- Bruce Trail

## TOURISM ATTRACTIONS & FACILITIES

- Visitor Centre
- Botanical Gardens
- Museum/Gallery
- Public Building
- Joseph Brant Hospital
- Public Library
- Hotel
- Motel

## BIRDING INFORMATION

- Birding Area
- Best Season for Birding
  - Winter
  - Spring
  - Summer
  - Autumn

For visitor information or to order maps, contact:  
Tourism Burlington at 905.634.5594 or 1.877.499.9989  
tourismburlington.com  
Visitor Centre open daily - check website for hours.



Map not to scale.

